

An Ideal CPD

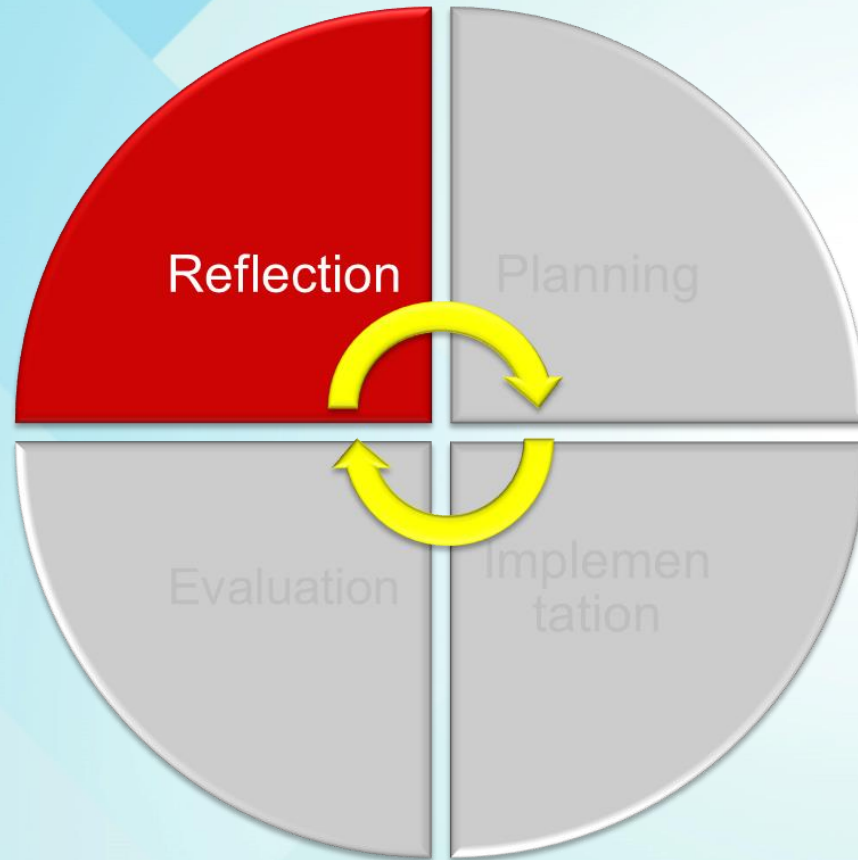


**South African
Pharmacy Council**
Accessible quality pharmaceutical services for all

CPD Cycle



First Step



REFLECTION

This will determine the
choice of CS and
Behaviour



- Ask yourself
 - ➔ What do I need to learn? i.e. own learning need
 - ➔ How do I know that's what I need to learn?



Domain and Competency Selected

▶ DOMAIN 5: PROFESSIONAL AND PERSONAL PRACTICE

❖ Competency 5.9 :Communication

- Intermediate Practice
- Behavioral statement

5.9.2.2 Use appropriate language and listening skills, and confirm understanding between patient and pharmacist.



Reflection Sample



I moved to a different province where I am not familiar with the language spoken, most of the people in the community are the elderly who do not understand English, what must I do?



Reflection Sample (cont.)

I **need to** learn how to communicate with them in a manner in which they will understand.

How am I going to learn their language?

What other forms of communication do they understand?



Reflections (concl.)

- Decide on an appropriate Learning Title

Learn to Communicate in a language patients can understand

- ➔ Should be relevant to what you want to learn

This title is relevant as most of the patients in this area are elderly and only understand their vernacular language. It is difficult to communicate to elders in English without sounding rude when they do not understand your language.

- ➔ NB: Don't simply copy the wording of the CS

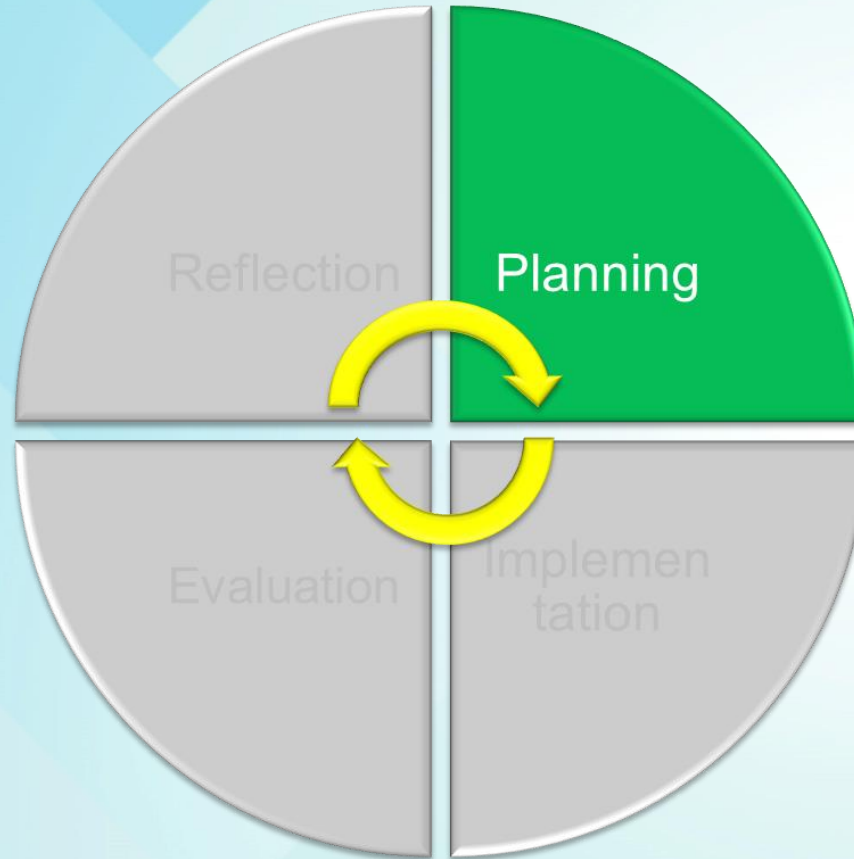
- Describe this learning need

The community is speaking a language I personally do not understand, learning their language will help me understand when they speak to me and I can also explain to them in a way they can understand.

- ➔ Make it a personal reflection i.e. use the personal pronoun "I"



PLANNING



PLANNING

- How, exactly, am I going to learn this?
- What are my options?
 - ➔ Short courses, workshops, branch meeting
 - Learning by doing
 - Reading – journals or reference books
 - When am I going to do this?
 - What evidence can I submit to support my learning activity?

NB: Don't only describe how you plan to proceed, but say **what you are going to do, how you are going to do it and why you are going to do things this way**



PLANNING SAMPLE

- I'll check with my colleagues if there is someone in the community who can teach me the language after hours
- I'll look online for Courses, tutorials and audio books

- My colleagues will know
- I can learn by listening to audios books, talking to someone and reading

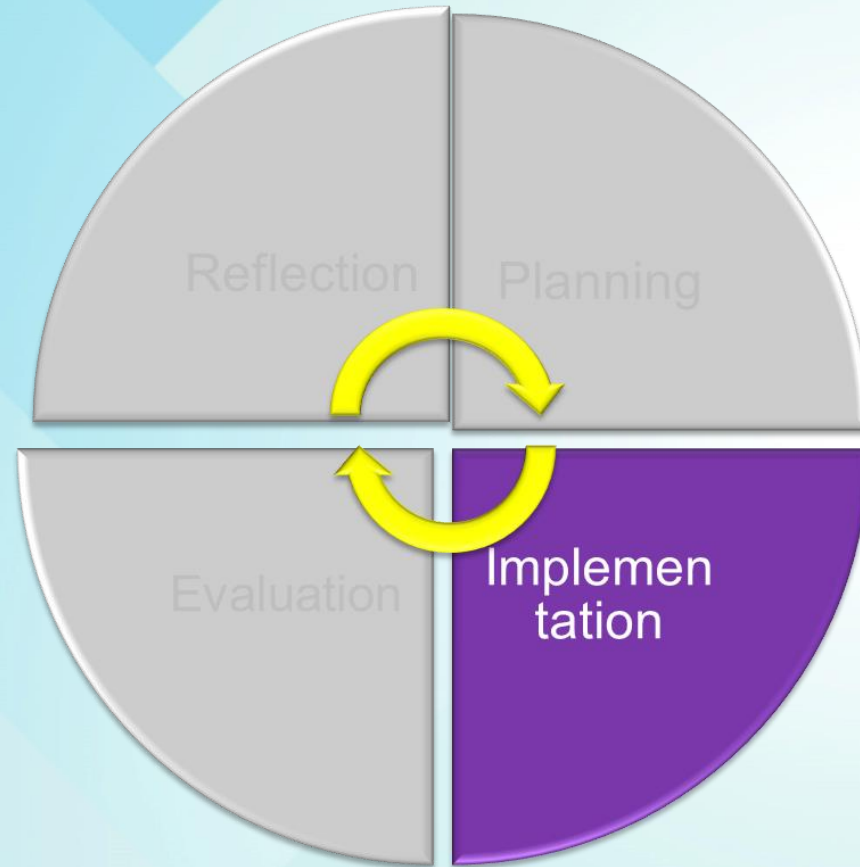
What I plan to do



Why I'm going to do it this way



IMPLEMENTATION



IMPLEMENTATION (cont.)

- Describe what you actually did
 - ➔ Provide the context
 - What, when, where, how
 - ➔ Link to the evidence
 - ➔ NB: do not upload your evidence
KEEP an electronic portfolio instead

Tell the story.
Keep it personal by using "I".

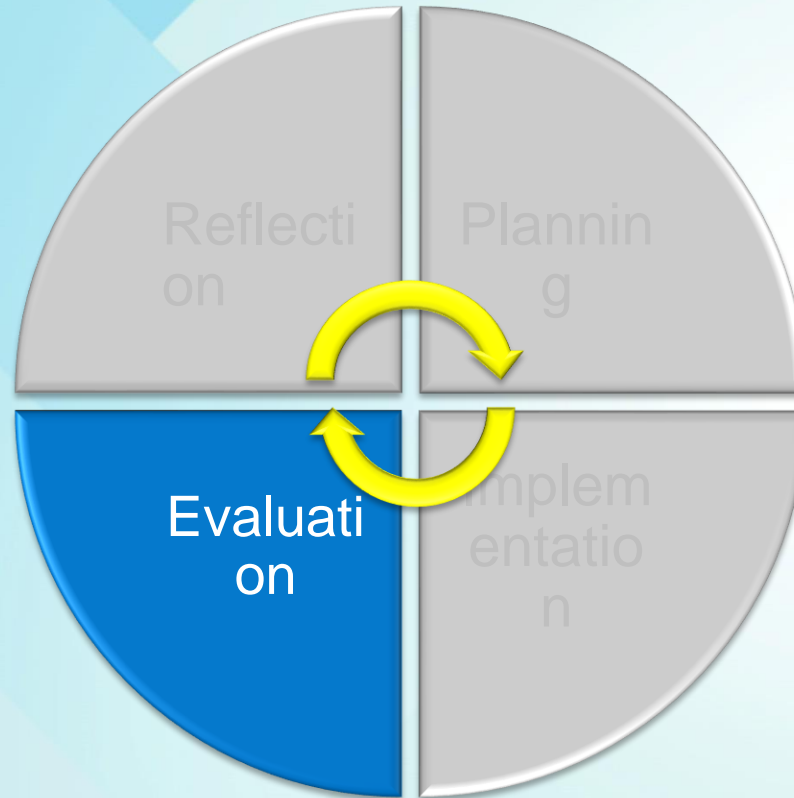
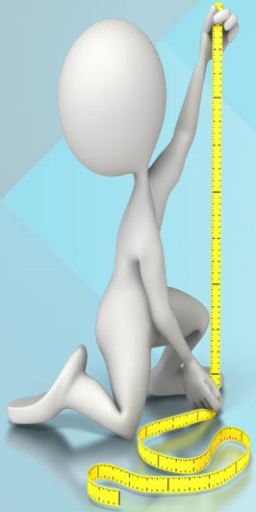


IMPLEMENTATION (Sample)

- On 11/10/2019, I enrolled for the online Course at Tebogo's university in order to learn the Sepedi language over six weeks.
- This was a six week course which ended on 29/11/2019. The course also had an assessor who assessed my tests and gave me results.



EVALUATION



What have I learnt and how have I applied my learning?



EVALUATION



- The focus here is:
 - ➔ Learning **outcome** i.e. what have you learnt – relate to evidence?
 - ➔ Application i.e. how have you subsequently used your acquired knowledge
 - ➔ Impact i.e. how has your acquired knowledge changed your practice
 - ➔ Identification of further learning needs

NB: Provide examples to substantiate this



EVALUATION SAMPLE

- I learned how to read, write and speak Sepedi via audio books and textbooks.
- So I drafted a patient information leaflet in the Sepedi language and presented it to my colleagues.
- My colleagues were impressed and made inputs where necessary.
- I can now easily communicate with my patients in an effective manner, though I still need to learn some more.

Learning  Application  Impact

