# **Intern/Tutor Training 2019**

# Intern portfolio on CPD system



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# Outline

#### CPD cycle

- Selecting a competence standard
- Selecting an outcome
- Pitfalls/special considerations
- Evidence
- Assessment

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- Re-assessment
- Professionalism

Mostly aimed at interns; and also provides guidance relevant for tutors

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## Important resources

#### Find online

- The **2019 Intern and Tutor Manual** for the preregistration experience of pharmacist interns which includes:
  - **Criteria for assessment of a CPD entry** (page 29)
  - **Checklist for CPD portfolio** (page 33)
  - Competence standards for CPD (page 52)
- Other resources
  - Tutor

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# COMPETENCE Standard

# OUTCOME

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A "picture" of a typical and desirable pharmacist Describe in detail the sorts of qualities that pharmacists should possess

#### Competence Standards

- First competence standards for pharmacists developed by Council in 2006
- Based on unit standards for BPharm qualification specified in the Regulations relating to education and training –
  - Unit standards are used to assess competence, E.g. CS 1: Organise and control the manufacturing, compounding and packaging of pharmaceutical products





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- New competency standards published for implementation in 2018
  - Developed in line with current practice, exit level outcomes (ELO) for revised BPharm qualification currently registered with

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- ELOs describe essential knowledge, skills and attitudes needed by an entry-level pharmacist
- New CS describe behaviours for entry, intermediate and advance levels of practice
- Alignment of CPD system with new CS is in progress and implementation will be after approval by Council in new cohort of interns
- <u>NB</u>: pre-reg exam has been aligned and will be implemented from the July 2019 exam



Take a few minutes to familiarise yourself with CS (refer to your Manual, Annexure A) 3





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Take note of how each CS is structured Δ

Who does it apply to?

Introduction

- Capability and outcomes
- Outcomes
  - Subsections

Ranges

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# Structure of competence Standard (CS)

#### . <u>COMPETENCE STANDARD ONE</u>: ORGANISE AND CONTROL THE MANUFACTURING COMPOUNDING AND PACKAGING OF PHARMACEUTICAL PRODUCTS

Does this standard apply to me?

The standard applies to all pharmacists whose practice includes the manufacturing, compounding and packaging of pharmaceutical products.

#### INTRODUCTION

The pharmacist has a crucial role to play in the manufacturing, compounding and packaging of pharmaceutical products.

In terms of the manufacturing of medicines, the entry-level pharmacist must be competent in the relevant baseline functions within the manufacturing processes. He/she must also be competent in the compounding of medicine on a small scale, as well as the packaging of products.

The pharmacist should at least have a good theoretical knowledge of the manufacturing of all dosage forms, including:

- · the properties of ingredients used in the manufacturing process;
- manufacturing processes and apparatus;



#### CAPABILITY AND OUTCOMES

A person who has achieved this standard is capable of authorising and controlling personnel, materials and equipment in the manufacturing, compounding and packaging of pharmaceutical products according to good manufacturing practice, and controlling the quality of these as well as leading the work team and assisting in the training of pharmacist's assistants in-training.

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The following outcomes of this capability should be demonstrated by the pharmacist:

1.1 Plan the production process (manufacturing).

#### A person who has achieved this outcome is capable of:

- (a) Scheduling the process in the work plan according to production requirements, area allocation, manpower, equipment and time.
- (b) Assuring availability of resources (materials, componentry) in the correct quantities.
- (c) Assuring documentation is available and correct.

#### Assessment (Tick appropriate box)

Does this outcome form part of my current practice of pharmacy?

Yes 🗌 No 🗌

IF YES, on the basis of the evidence I have identified I can do this.

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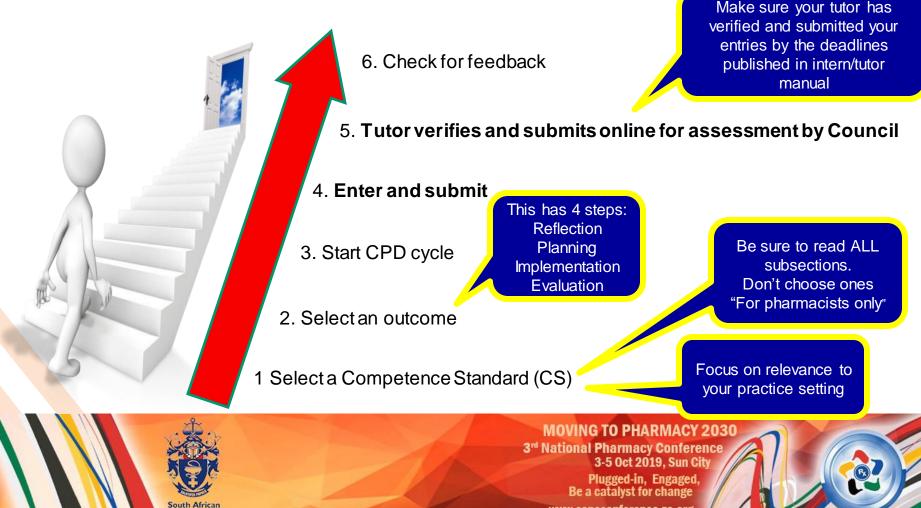
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- Can be defined as ongoing learning, or the means by which a person maintains, broadens and improves his/her professional competence throughout his/her working life.
- CPD enables registered persons to develop in their area of practice and demonstrate competence.
- CPD is a cyclical activity



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#### **STEPWISE APPROACH TO COMPLETING CPD ENTRIES**



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#### REQUIREMENTS

- You need to submit 8 CPD entries
   (all 8 are assessed)
  - One each from CS1 to CS7
  - Plus one from CS8 and CS9

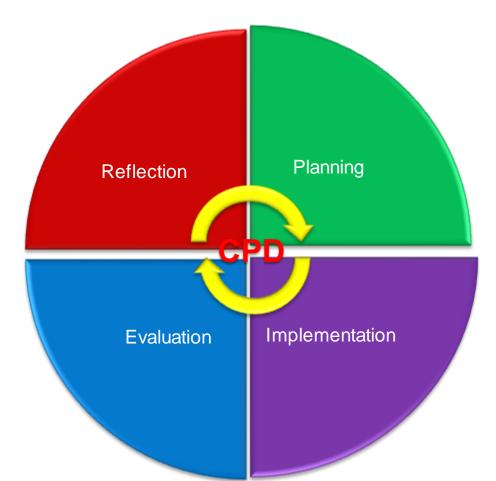


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- CS10 is for pharmacists in managerial / supervisory positions
- For each CS, choose one outcome
  - Read all outcomes carefully and the sub-sections (i.e. the a, b, c, etc. of outcomes)
  - NB: Consult your Manual for details of the outcomes
  - Each entry must be accompanied by suitable evidence



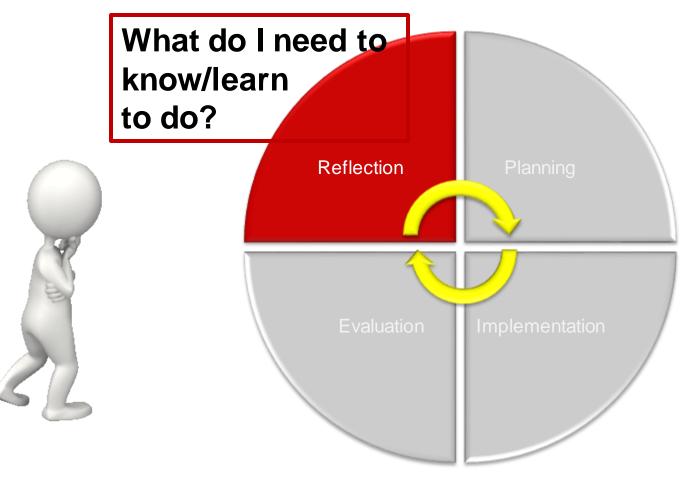
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#### REFLECTION

- Ask yourself
  - What do I need to learn?

- This will determine the choice of CS and outcome
- How do I know that's what I need to learn?
- Decide on an appropriate Learning Title
  - Should be relevant to what you want to learn
  - NB: Don't simply copy the wording of the CS
- Describe this learning need
  - Make it a personal reflection, i.e. use the personal pronoun "I"

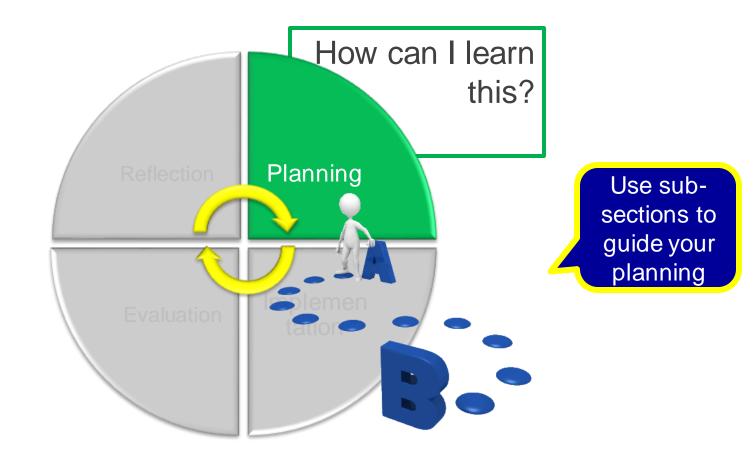


#### REFLECTION

CHECKLIST	YES	NO
TITLE		
Is there a title?		
Is the title short, specific and related to the outcome?		
Is the title a concise statement in my own words (not just a		
copy of the CS or outcome)?		
	-	
REFLECTION		
Have I clearly stated what I need to know or learn?		
Have I stated my learning need in the first person, e.g. "I		
need to know/learn"?		
Have I stated why I have identified this learning need for		
myself and not just stated that it is a required outcome?		
Have I made sure not to include details of planning and		
implementation here?		



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- How, exactly, am I going to learn this?
- What are my options?

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Specify

resources to

be used.

Resources must be

relevant.

- Short courses, workshops, branch meeting
  - Learning by doing
  - Reading journals or reference books.

PLANNING

- When am I going to do this?
- What evidence can I submit to support my learning activity?

NB: Don't only describe how you plan to proceed, but say what you are going to do, how you are going to do it and why you are going to do things this way

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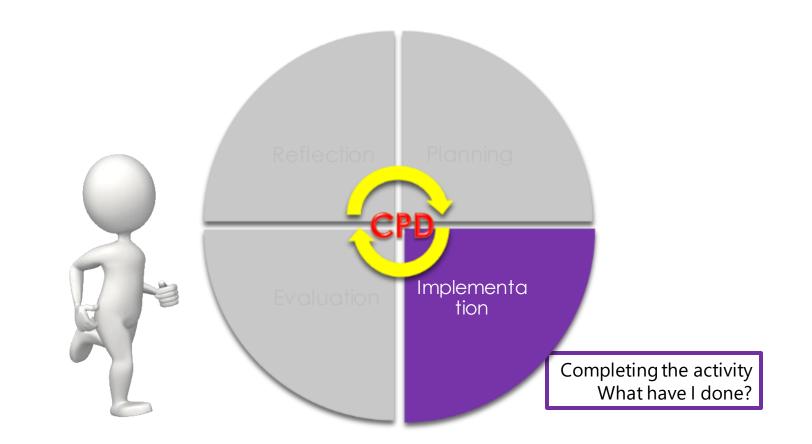
#### **PLANNING**

CHECKLIST	YES	NO
PLANNING		
Have I clearly stated how I am going to learn?		
Have I identified which resources I will be using?		
Have I explained how I will be using the resources?		
Have I made sure NOT to just write what I intend to do		
(which is implementation)?		
Have I written this in the future tense?		





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Tell the story.

Keep it

personal with

#### IMPLEMENTATION

- Describe what you actually did
  - Provide the context
    - what, when, where, how

#### Link to the evidence

Remember to include ALL the sub-sections of the chosen outcome

More about this later!



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#### IMPLEMENTATION

LINK DESCRIPTION TO EVIDENCE

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CHECKLIST	YES	NO
IMPLEMENTATION		
Have I described exactly what I did?		
Have I included where, when, what and how?		
Have I written this in the past tense?		
Have I referred to the labels of my evidence (i.e. the outcome subsections) in the text?		
Have I checked that what I did matches my learning need?		
Have I checked that what I did addresses all the subsections of the outcome?		



Rx

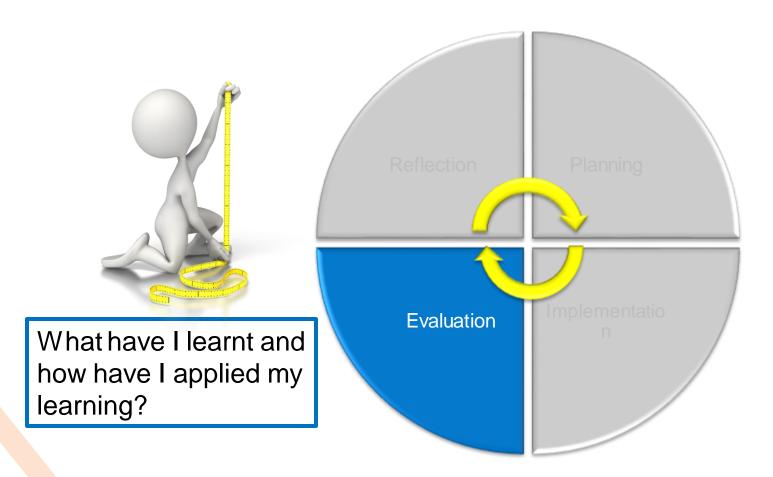
#### **IMPLEMENTATION**

CHECKLIST	YES	NO
EVIDENCE		
Have I checked that I have sufficient evidence i.e. have I covered		
at least 75% of the subsections of the outcome?		
Have I annotated my evidence so that it is clear why I have		
included each piece?		
Have I annotated my evidence with the subsections, and does		
this match the subsections mentioned under Implementation?		
Is my evidence clear i.e. readable, not loaded upside down, etc.?		
Is my evidence properly verified i.e. is there a printed name,		
designation, P number, signature and date for both me and my		
tutor or, where applicable, supervising pharmacist?		
Have I made sure that all patient identifying details (such as name,		
surname, ID number) have been hidden?		



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#### **EVALUATION**

- Focus here is
  - Learning outcome i.e. what have you learnt relate to evidence?
  - Application i.e. how have you subsequently used your acquired knowledge
  - Impact i.e. how has your acquired knowledge changed your practice
  - Identification of further learning needs

NB: Provide examples to substantiate this

• NOT "What I did"

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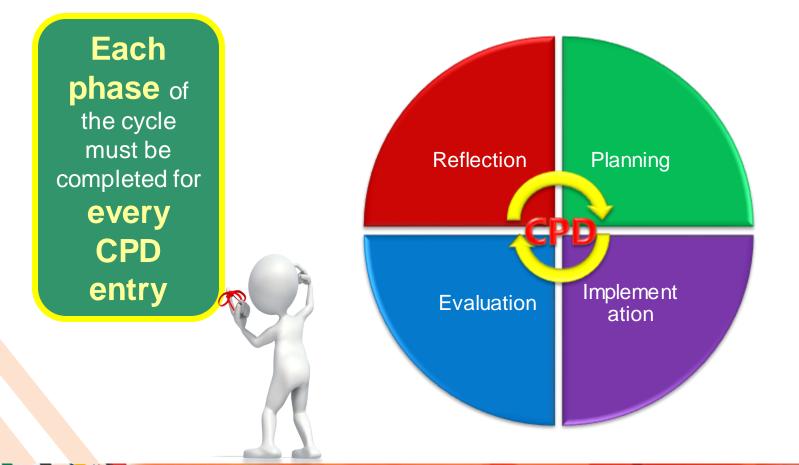
#### **EVALUATION**

CHECKLIST	YES	NO
EVALUATION		
Have I clearly stated what I learnt from the action described		
under Implementation?		
Have I checked that my learning matches my learning need		
and is relevant to the outcome?		
Have I clearly described how this learning has impacted on		
the way I practice?		
Have I given a specific example of how I applied this learning		
i.e. something I did after the action described? Have I		
remembered that I don't have to provide evidence for this, but		
just have to describe it?		
Have I clearly noted my future learning needs?		



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#### A LITTLE DIVERSION ....

Let's think about



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#### REFLECTION



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It's granny's birthday on Sunday. I would like to serve afternoon tea for the family. A homemade cake would be nice. Could I bake one?

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#### REFLECTION



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I therefore need to know What kind of cake is her favourite? What ingredients to buy? How to follow the recipe / instructions? 27

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#### PLANNING

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- I'll check with my sister what cake granny likes
- I'll search online for a recipe
- I'll check YouTube for a cake-making demo

 My sister will know

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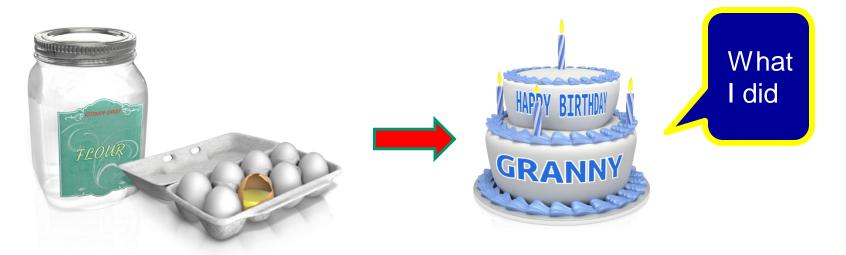
- I don't have a recipe book and its easy to Google
- I can learn from watching a video

What I plan to do

Why I'm going to do it this way

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#### IMPLEMENTATION



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- I checked the recipe before I went shopping
- I followed the steps in the recipe



GRANNY

# SPECIAR RANNY CALSES

**EVIDENCE** 



#### **EVALUATION**

I learnt that I must follow the recipe steps carefully. Granny loved the cake – so did everyone else So I made another cake – there are so many recipes online Seems I'll be the family cake-maker now But I still need to learn how to bake cookies!

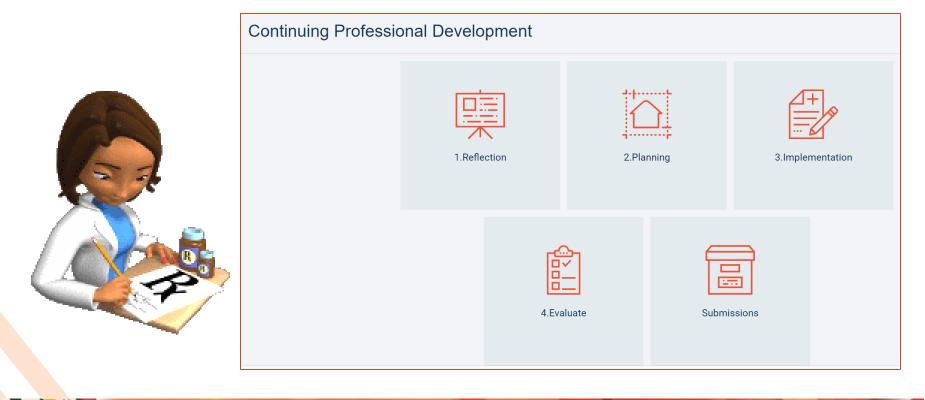




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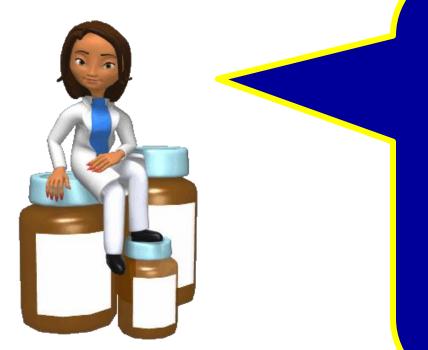
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#### AND NOW FOR A REAL LIFE EXAMPLE





#### REFLECTION



On 20 February 2019, while working in the dispensary, I prescription received a to dispense. My tutor asked me if I know how to check if a prescription is valid and authentic. As I was unsure, this made me realise that I need to learn this skill. After completing this outcome, I hope to be able to immediately identify any anomalies on, or important information omitted, from a prescription.

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#### REFLECTION



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I checked the CS' in my manual and saw that this learning need refers to CS3: Dispense and ensure the optimal use of medicines prescribed to the patient I then looked at the outcomes for CS3 and decided that outcome 3.1 *Read and evaluate the prescription* is the appropriate one

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I saw that the next step is to formulate a Learning Title – which is not just a copy of outcome 3.1

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#### PLANNING

- Get a <u>current</u> copy of the Medicines and Related Substances Act, 1965 (Act No. 101 of 1965)
- Search the internet for resources on reading and evaluating a prescription
- Practice on real scripts

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 Regulation 33 of the Medicines Act lists the particulars that must appear on a prescription

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 I have my notes from varsity, but maybe there are more fuller resources – I must check that the sources are reliable

#### What I plan to do

#### Why I'm going to do it this way

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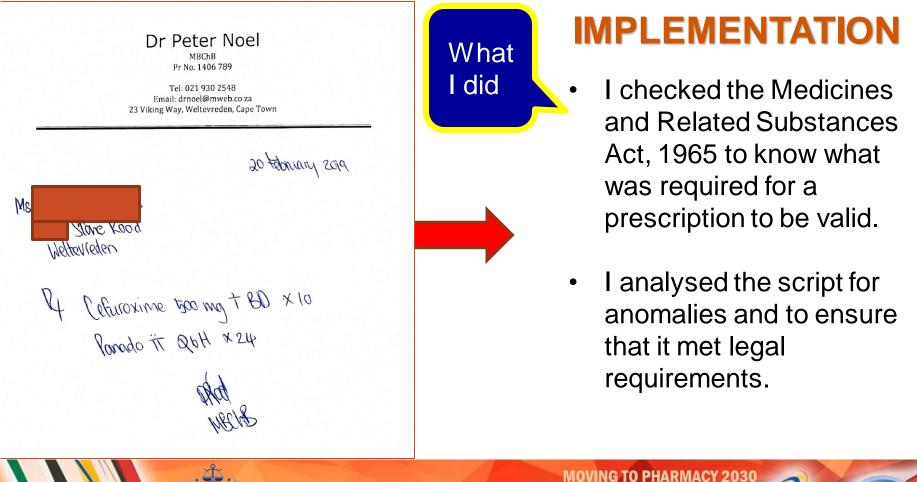
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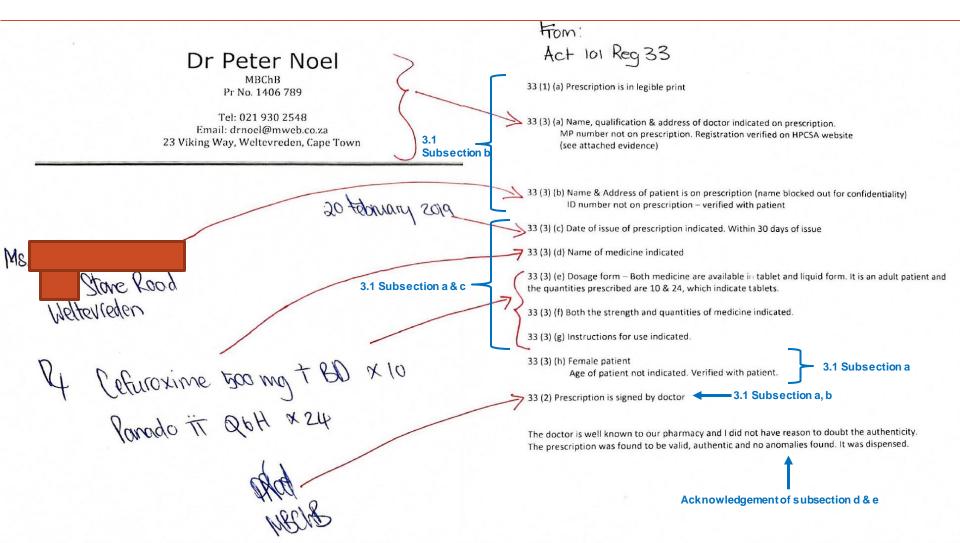
# **EVIDENCE = annotated Rx**

- Very NB! Link of each annotation to specific outcome subsection
- Annotated copy of resources used
- Also very NB: tutor verification online

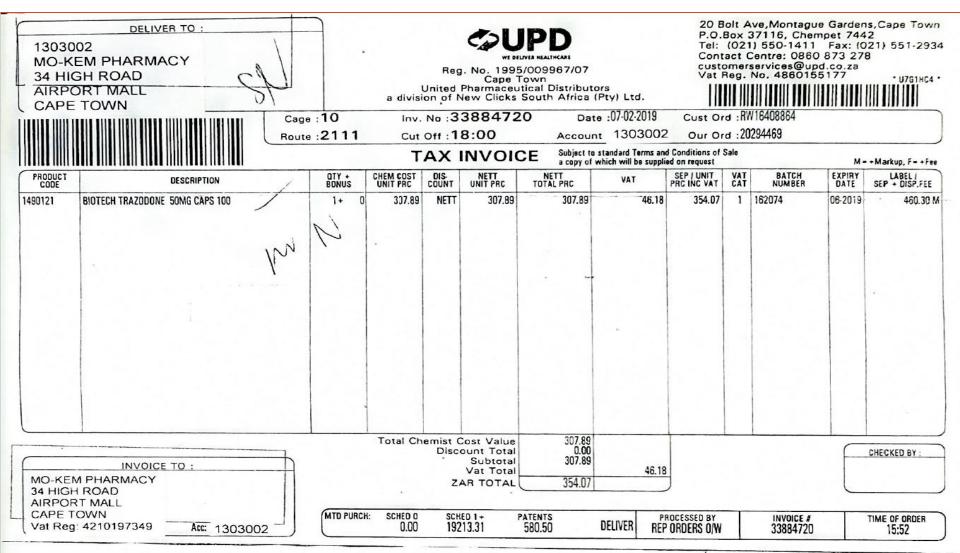




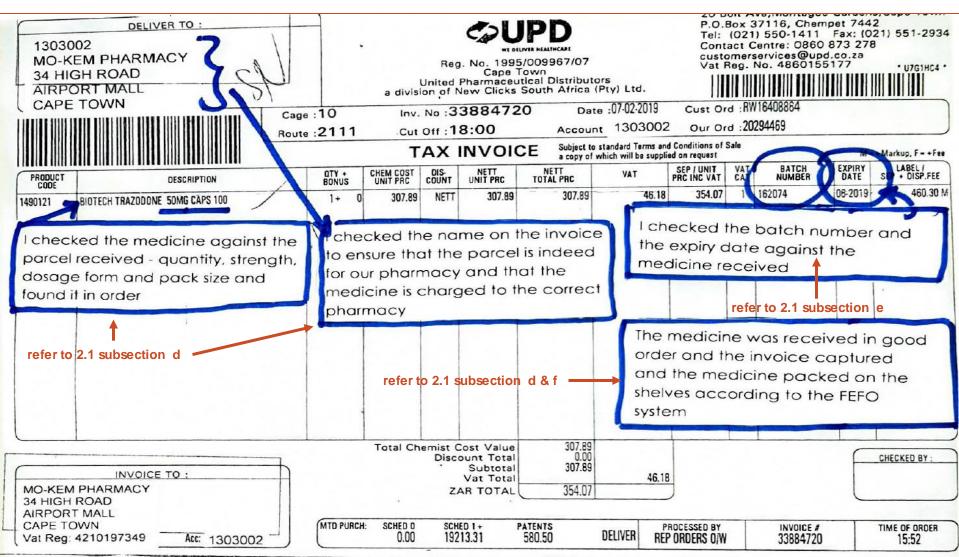
#### **Example of annotated Rx**



#### **Exercise on annotation of evidence**



#### **Exercise on annotation of evidence**



#### **EVALUATION**

- I learnt that although a script may seemingly fulfill all the legal requirements – it is not necessarily authentic and valid
- It is very important to check anomalies with the prescriber
- I now check every script for legal requirements but also • for anomalies that might require communication with the prescriber.
- I am a more vigilant intern
- I am still not quite sure, other than confirming every script with a doctor that I will always recognise a fraudulent script and so need to learn more about how this is possible

Learning







needs

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FRAUD

PRESCRIPTION



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# **SPECIAL CONSIDERATIONS....**

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OR .... How to avoid





## ONCE YOU HAVE CHOSEN AN OUTCOME...

- Check again that it is appropriate for your practice setting
- Read all the sub-sections
- Follow through
  - As you complete each phase of the CPD cycle, make sure what you write is relevant to the chosen outcome



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#### **REFER TO CHECKLIST!**





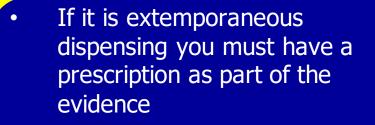
#### SOME EXAMPLES...



Outcomes 1.3, 1,6 and 1.12 are applicable to all interns

Outcomes 1.1, 1.2, 1.4, 1.5, 1.7, 1.8, 1.9 and 1.11 are only applicable to interns in manufacturing pharmacy

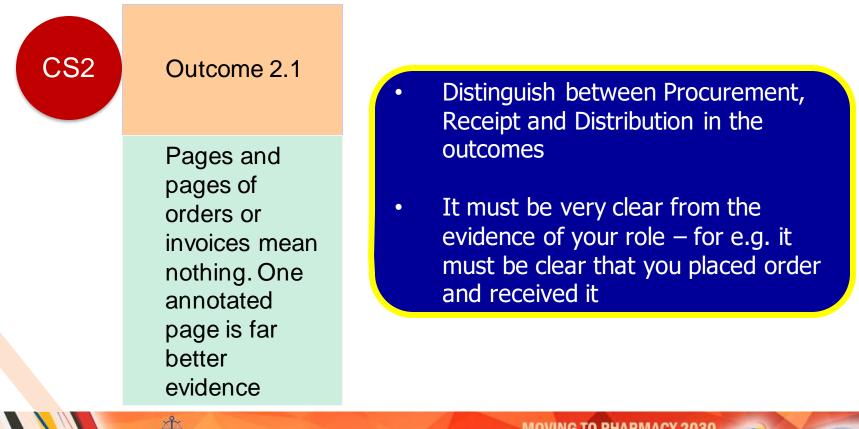




- You must show your calculations
- Show the SOP you followed

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#### SOME EXAMPLES...





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#### SOME EXAMPLES...

CS3

Dispense and ensure optimal use of medicines prescribed – so must have Rx as evidence

# Must maintain patient confidentiality

Confidentiality does not include prescribers

If commenting on validity of script – indicate both what is there and what should be there – caution with hospital charts



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#### Eg of evidence for outcome 3.1 (Regulation 33 of Act 101)

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#### PARTICULARS WHICH MUST APPEAR ON PRESCRIPTION FOR MEDICINE

- Every prescription for a medicine shall be—
  - (a) written in legible print;
  - (b) hand or typewritten; or
  - (c) prepared with an electronic agent as defined by and in compliance with the Electronic Communications and Transactions Act, 2002 (Act No. 25 of 2002).
  - (2) A prescription shall be signed----
  - (a) in person; or
  - (b) in the case of a prescription prepared in accordance with subregulation (1)(c), with an advanced electronic signature as per section 13 of the Electronic Communications and Transactions Act, 2002 (Act No. 25 of 2002),
  - by an authorised prescriber.

#### This gazette is also available free online at www.gpwonline.co.za

. 41064

GOVERNMENT GAZETTE, 25 AUGUST 2017

- (3) A prescription shall at least state the following:
- (a) The name, qualification, registration number with the relevant statutory health council and address of the prescriber;

- (b) the name, identification number and address of-
  - (i) the patient;
  - (ii) in the case of a prescription for a neonate, the parent or guardian; or
  - (iii) in the case of a prescription issued by a veterinarian, the person to whom the medicine or scheduled substance will be sold;
- (c) the date of issue of the prescription;
- (d) the approved name or the proprietary name of the medicine;
- (e) the dosage form;
- (f) the strength of the dosage form and the quantity of the medicine to be supplied: Provided that—
  - (i) in the case of a Schedule 6 substance the quantity to be supplied shall be expressed in figures as well as in words; and
  - where the prescriber has failed to express the quantity in figures as well as in words, the pharmacist dispensing the medicine may, after obtaining confirmation from the prescriber, insert the words or figures that have been omitted;
- (g) instructions for the administration of the dosage, frequency of administration and the withdrawal period in the case of veterinary medicines for food producing animals;
- (h) the age and gender of the patient and, in the case of veterinary medicine, the animal species; and
- the number of times the prescription may be repeated.

(4) The pharmacist who dispenses a prescription shall verify the authenticity of all prescriptions so dispensed.

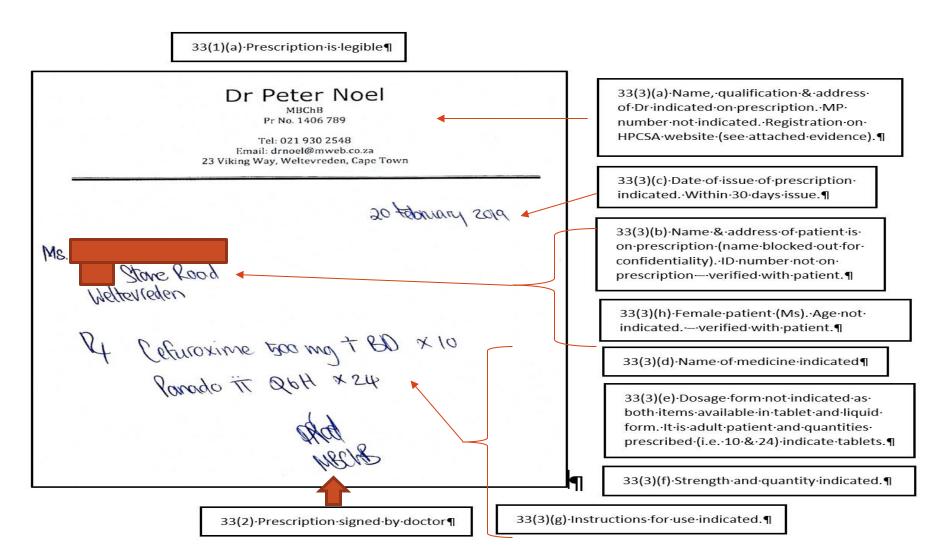
(5) In the event of a prescription transmitted electronically by means other than an electronic agent in terms of subregulation (1), by fax or communicated verbally a permanent copy of the prescription shall be made for record purposes.

(6) A verbal prescription shall be followed by the signed prescription as per subregulation (2) within 7 working days from the communication.

(7) The prescriber shall keep records of the diagnosis relevant to the prescription and where the patient consents, indicate the diagnosis or the relevant diagnostic code on the prescription.

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#### Eg of evidence for outcome 3.1 (Rx vs Reg. 33 of Act 101)



#### SOME EXAMPLES...

Provide pharmacist initiated care

CS4

Don't include any reference to a Rx

Note: Recommended that institutional interns should complete sessions in community pharmacy to complete this competence standard



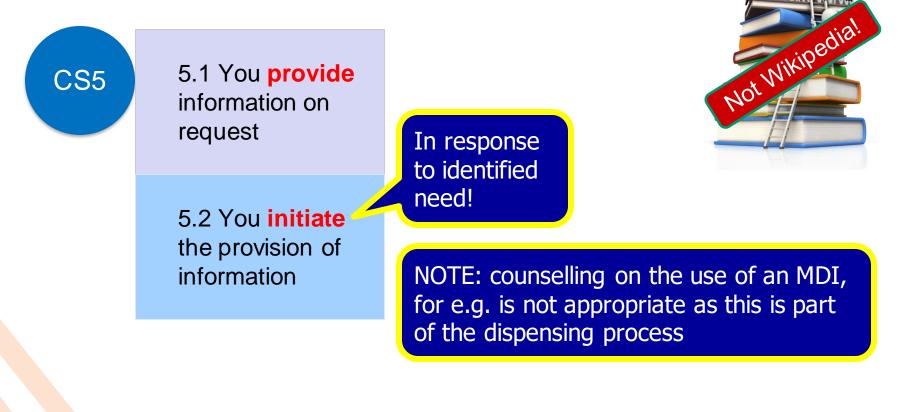
- Eg 4.4 Elicit patient history
  refers to history prior to providing advice, referring or selling a product in response to a patient asking for assistance, or a product – not based on prescribed medicines
- Suggested Tx must be appropriate/correct



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#### SOME EXAMPLES...



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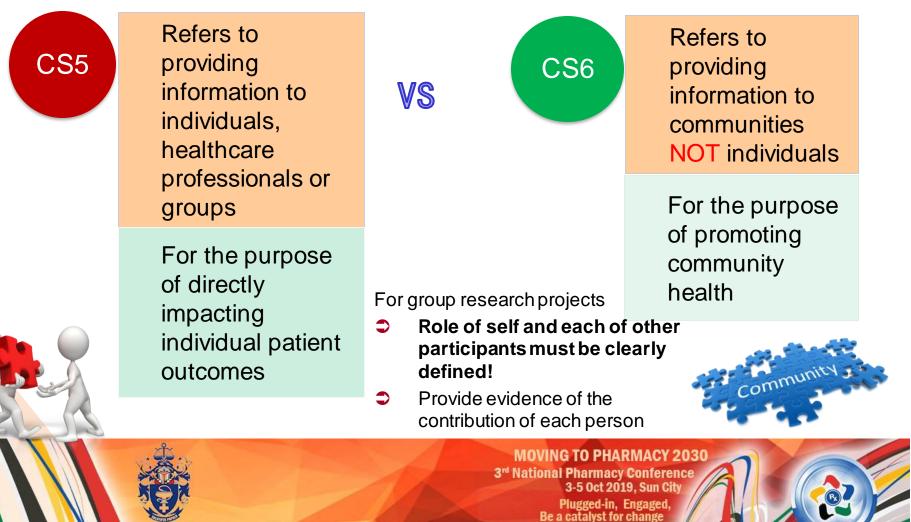
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#### SOME EXAMPLES...

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#### SOME EXAMPLES...



Focus here on meeting a health education need through an appropriate delivery method

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Be sure to include verification of effectiveness of your education programme (6.2.f and g)

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#### SOME EXAMPLES...



Research needs results. Proposal alone is insufficient.

**Outcome 7.1** is relevant for all interns.

Must address a research problem – a meaningful question VIP: avoid research on vulnerable groups \*\*ethical issues\*\*



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Outcome 7.1 is the recommended option

 Outcome 7.6 is not possible for interns in community and institutional pharmacy as

**CS**7

- they cannot complete  $\geq 75\%$  of the sub-sections
- simply reporting on the submission of an ADR form is not sufficient
- interns who have tried this have struggled/not been successful
- Outcome 7.9 is not relevant for interns



CAUTION



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#### MINIMUM REQUIREMENTS FOR CS7

- Include all the elements of research
  - Research question
  - Background information/literature review
  - Methodology
    - Data collection
    - Data analysis
  - Results and conclusion

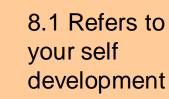
Does not have to be a lengthy document – minimum 2 pages - as long as all the necessary detail is included

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- For group research projects
  - Provide evidence of the contribution of each person
  - Role of self and each of other participants must be clearly defined!



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CS8

8.2 Choose this if you have done training of others, NOT for e.g. 1.13 or 2.5 8.1 Evidence must be > 1 piece (at least 4 pieces). Need a portfolio of different growth experiences to prove self-development.





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CS9

Refer to legal framework: Regulations, GPP, Code of Ethics, etc.

9.3 – Must be something more than just the sale of S6s

9.4 - Show communication with > 1 person (at least 4 persons) Caution!

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# IN SUMMARY: HOW TO AVOID THE POTHOLES

- Do NOT attempt to complete your online CPD entries without referring to your Manual
- Read all the competence standards carefully
- Read all the outcomes carefully before choosing the most appropriate one
  - Look at all the subsections for the chosen outcome
- When online, pay careful attention to what is expected for each of the phases in the CPD cycle

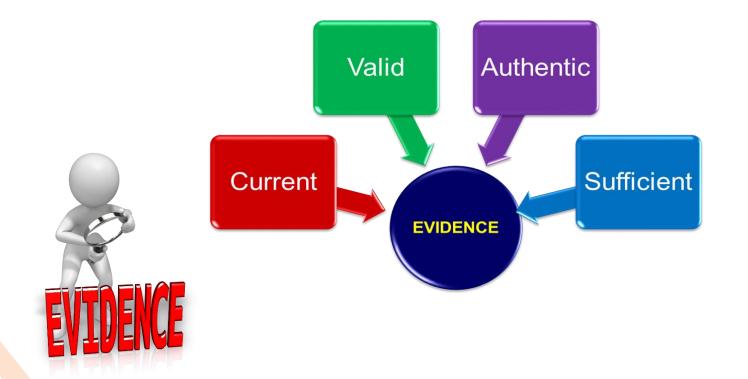


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#### **EVIDENCE CRITERIA**

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#### **EVIDENCE CRITERIA**



- CPD entry must relate to exposure to CS DURING the internship period
- Evidence must therefore be collected DURING the internship
- Don't include anything from your undergraduate years



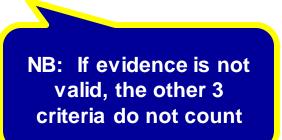


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#### **EVIDENCE CRITERIA**



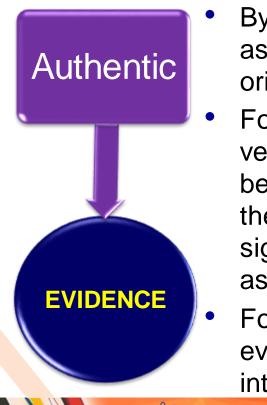
- Evidence must relate to subsections of outcome being addressed
- If factual and/or calculation errors occur in the evidence
  - Deemed NOT valid





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### **EVIDENCE CRITERIA**



- By submitting the entry online to Council for assessment, the intern and the tutor confirm originality of evidence submitted
- For interns registered before 2018, the tutor must verify the entries manually and all evidence must be authenticated by intern and tutor to indicate their name, designation, p-number, date and signature before submitting to Council for assessment



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For interns in academia and manufacturing, evidence must be signed by supervisor before the intern submits it for online verification by tutor

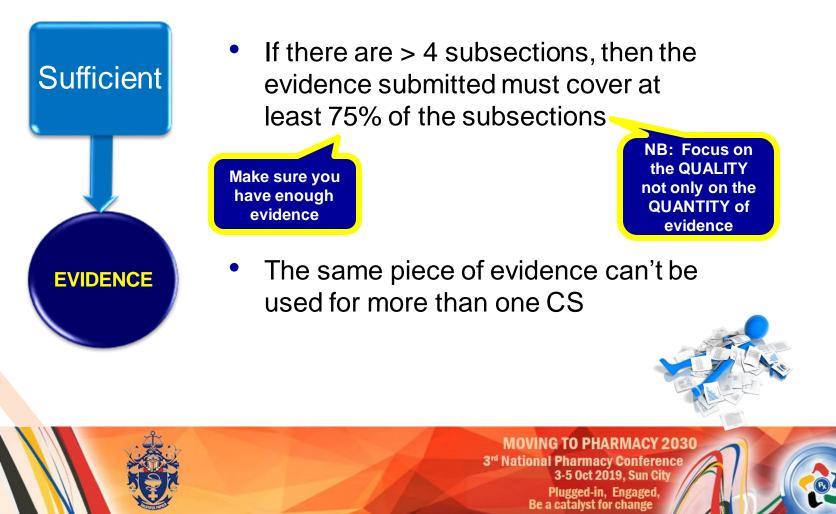


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### **EVIDENCE CRITERIA**



#### **EVIDENCE**

- For all pieces of evidence included, ask yourself "Why did I include this?"
- All pieces of evidence must be-
  - Iinked to each subsection of outcome selected
  - annotated and/or linked to implementation in-text description



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# EVIDENCE

**HINT** Put yourself in assessor's shoes before submitting evidence. Ask: What does it show? Will probably point to need for more discussion and/or annotation



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- Meaningless UNLESS authenticated AND you identify yourself
- Can be anyone in the photo!

Pages copied from reference sources (e.g. SAMF)

- Reference name, edition, page number, etc
- Why reference included?
- What does this show?
- That you can use a scanner or photocopier?

#### **Delivery notes**

- What does this show?
- Stock was delivered, but received by whom?
- Signatures not annotated are meaningless

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#### EVIDENCE

- No highly glossy photos
- Not uploaded upside down
- Put all evidence in one document
- Annotate, annotate, annotate!
  - For example, link to subsections and identify own signature (if applicable)



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#### FEEDBACK FROM ASSESSORS

- What to expect:
  - Comments, dated
  - Positive = acknowledgement of being on the right track OR
  - Negative with specific pointers wrt. what you did wrong and how to improve
  - Comments = guidelines for next entries, even if attached to entry assessed as competent





### ASSESSMENT

- Done (mostly) on a scale of 0 or 3
- To earn 3 marks, ALL the requirements must be met
  - Follow Assessment Criteria for each of the 4 phases of the CPD
  - In addition you must have use an appropriately professional communication style, for example:
    - Free of spelling and grammatical errors
    - Properly punctuated
    - Trade names capitalised
    - Etc.

Also ALWAYS maintain patient confidentiality

0: Not yet met

3: Fully met

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REMEMBER: spelling and grammar are not auto-corrected! Check everything carefully before submitting



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### **ASSESSMENT of REFLECTION**

- )
- Learning title absent or simply a copy of CS or outcome
- No clear learning need identified

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- Appropriate descriptive title in own words; linked to outcome
  - 1 mark maximum
- Clear learning need identified and must be personal (e.g. "I need to know...")



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### **ASSESSMENT of PLANNING**

 Absent or inappropriate



 Explain how plan to complete specified outcome and specify resources to be used and why

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- Written in future tense
- Appropriate primary learning channel chosen





### **ASSESSMENT of IMPLEMENTATION**

- 0
- Absent or inappropriate
- No supporting documentation (evidence)

Describes context

3

- Clearly states what was done and what has been learnt
- Makes reference to attached evidence



### **ASSESSMENT of EVIDENCE**

No/insufficient evidence

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- Evidence not valid for outcome
- Confidentiality breacher
- Authentication absent/ incomplete 50r interns registered before 2018)

- Sufficience
   which is current and
   valid
- Linked to subsections
- Appropriately annotated
- Properly authenticated (where applicable)



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### **ASSESSMENT of EVALUATION**

- Completely inappropriate
- For e.g.
  - Only focussing on implementation

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# SUCCESS

 Personal statement of what you have learnt in relation to learning need and in terms of

3

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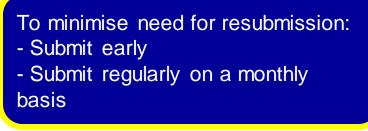
- Subsequent application
- Future learning needs



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## **RE-ASSESSMENT**

- You are allowed to resubmit for re-assessment of your CPD entries
- On resubmitting
  - fix an entry that is there
  - don't start a new one unless assessor recommends this
  - If necessary, remove incorrect evidence
- See Guidelines for
  - Conditions
  - Application procedure
  - Timeline





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### **RE-ASSESSMENT**

- To prevent need for resubmission, make sure to follow your assessor's recommendations
- Re-submitted CPD entries are sent to the same assessor
  - Don't simply re-submit without attending to the reasons for the entry being deemed "not yet successful" REJECTE
- You are allowed to submit 12 CPD entries
  - i.e. 8 + 4 re-submissions
- A fee is levied on 13<sup>th</sup> and subsequent entries submitted



CPD submissions are-1. more than "just another hurdle" 2. an opportunity for you to further develop your professionalism

- Confidentiality
  - Not disclose identity of patient (name, surname, picture, ID no.)

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- Penalties for breaches
- Plagiarism
- Obviously your CPD entries must reflect your own work
  - Any irregularities will be referred to the SAPC legal department
  - Penalties
    - Expect them to be applied
    - Expect them to be severe



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### **ROLE OF THE TUTOR**

**NB:** You have to submit at least 4 CPD online entries before you can be registered as a tutor

### Role model

 Implies an obligation to be competent and practise professionally yourself

### Mentor

- Opportunity for self-development through training
- Can use this for your own CPD entries



## **TUTOR VERIFICATION**

- Tutors are required to do online verification of CPD entries after they are submitted by interns
- The submission deadlines are indicated in the intern/tutor manual (page 27 of 2019 manual) include submission of entries verified by the tutor
- Submissions after a deadline will fall on the next submission deadline for assessment and release of results



# **TUTOR AUTHENTICATION (where applicable)**

- Best = descriptive note, not just generic statement
- Make sure all elements of authentication are present

This is the original work of my intern - AlexJay. I personally witnessed him contacting the prescriber as he describes it.

*GKay* Jody Kay P4545 20 February 2019 **AJay** Alex Jay P99999

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# **ROLE OF TUTOR**

- Ultimate responsibility for completion of internship requirements lies with intern
- You have a responsibility to familiarise yourself with all the internship requirements and to timeously complete reports
- You play a vital role as no intern is likely to succeed without a tutor who is
  - Competent
  - Gives guidance
  - Interactive
  - Empathetic
  - Supportive
  - Etc. .....

Most NB: Grow with your intern! Enjoy the journey!





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# Questions

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Thank you

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