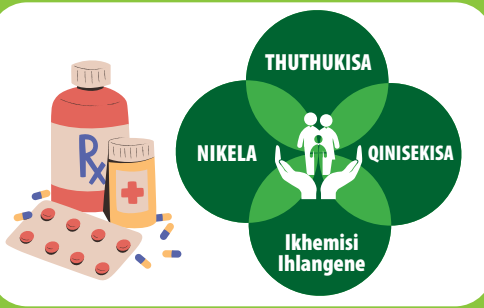


Inyanga yekhemisi 2023

Ikhemisi ihlangene ekuthuthukiseni ithhogomelo lezamaphilo mayelana neengulani




THUTHUKISA
NIKELA
QINISEKISA
Ikhemisi Ihlangene

THUTHUKISA **Ifundo yezamaphilo**




Khuluma nosokhemisakho ngokunande uhlanza izandla ngendlela efaneleko. Ukwenza izandla zakho zihlale zihlanzekile kungakhandela ukutsheayeleka okuphefumula komuntu o-1 kwaba-5.

NIKELA **Ukuthola ithhogomelo lezamaphilo**




Usokhemisakho anganikela imisebenzi yetlhogomelo lezamaphilo esezingeni eliphezulu, elingabizi khulu. Usokhemisakho angahlola itjhukela eseengazini zakho namazinga weengazi zakho

NIKELA **Imijovo**




Imijovo iphephile begodu iyaphumelela ekukhandeleni amalwele amanengi. Khuluma nosokhemisakho ngokuthi ngimiphi imijovo wena nomndenakho ekufanele niyithole ukwenza bona nibe nepilo.

QINISEKISA **Ukubuza ngemitjhoga**




Buza usokhemisakho nangabe uneminye neminye imibuzo ngemitjhoga oyiselako. Tjela usokhemisakho nangabe uba nemiphumela yangeqadi oyibangelwa mtjhogakho

QINISEKISA **Itlhogomelo lama-anthimayikhrobhayirali**



Ama-anthibhayothiksi alapha ukutshwayeleka ngeengogwana. Ama-anthibhayothiksi akasebenzi ngokulwisana namatshwayelano weengogwana ezifana nomgomani.

80% 

Pheze ma-anthibhayothiksi ama-80% asetjenziswa ebantwini ayaqantwa ukobana asetjenziswe ethhogomelweni labantwana.*

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Itlhogomelo lezamaphilo eliphezulu kibo boke abantu
Buza osokhemisi wakho ukubona uthole elinye ilwazi namkha uskene



* http://www.scielo.org.za/scielo.php?script=sci_arttext&pid=S0256-95742015000500033



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