

USOKHEMISAKHO
Umlinganakho ekusebenziseni
iinhlahla ngokuphepha



**Ukusebenzisa iinhlahla ngokuphepha
kuthoma ngokubuza imibuzo.**

Buza usokhemisakho:

- ✓ Kubayini kufanele ngisele iinhlahlezi?
- ✓ Ngimiphi imiphumela yangeqadi
ekufanele ngiyitjheje?
- ✓ Kubayini kufanele ngiqede ukusela
ama-anthibhayothiki wami?

IQEMBU LAKHO LEKHEMISI
Umlinganakho
kwezamaphilo nekuphileni
kuhle

USokhemisakho usisebenzi setlhogomelo
lezamaphilo esitholakalako kanengi

**Othembekileko.
Otholakalako.
Osisazi.**

**Ingabe unombuzo ngezamaphilo?
Buza usokhemisakho.**



USeptemba
yiNyanga yeKhemisi



Buza
uSokhemisi wakho

**Ngingasela lokhu nezinye
iinhlahla zami?**

**Ngiwaphi amatshwayo
abonakala msinya wobulwele
beswigiri?**

USokhemisakho usisebenzi
setlhogomelo lezamaphilo
esithemekileko esitholakalako.
Nawufuna ilwazi elizeleko buza
usokhemisakho namkha uskene i-
QR code.



health
Department:
Health
REPUBLIC OF SOUTH AFRICA



ICPA
INDEPENDENT COMMUNITY
PHARMACY ASSOCIATION



USOKHEMISAKHO
Umlinganakho ngokwethhogomelo
lamalwele angapholiko

USokhemisakho uyingcenywe
yesiqhema sakho setlhogomelo
le zamaphilo

Buza usokhemisakho:

- ✓ Ingabe ngisela iinhlahla zami kuhle?
- ✓ Ingabe ngiyisebenzisa kuhle ipompi
le ye-asma?
- ✓ Itjho ukuthini impumela yokuhlolwa
kweengazi zami?



USOKHEMISAKHO
Umlinganakho
kwezokukhandela

Ukukhandela kuthoma ngokucoca.

Buza usokhemisakho:

- ✓ Ngimiphi imijovo engiyitlhogako?
- ✓ Ingabe ikholesteroli yami iphezulu khulu?
- ✓ Ngingazihlisa njani iingozi zamalwele
wami?

USOKHEMISAKHO
Umlinganakho
ekuzitlhogomeleni wena

Ingabe kunento yezamaphilo
ekutshwenyako?

Buza usokhemisakho:

- ✓ Ngingazelapha ngalokhu ekhaya?
- ✓ Ingabe ngitlhoga ukuyokubona
udorhodera?
- ✓ Ngiziphi iinhlahla ezilungele
amatshwayo wami?

